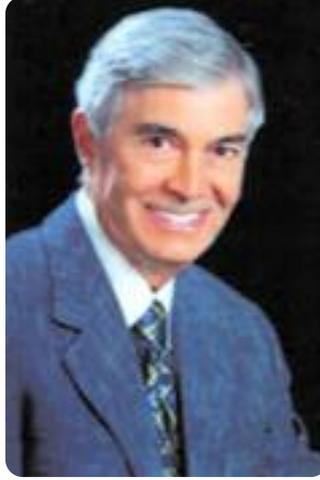


Professor Dr. Mithat Yılmaztürk

“Medicine is an occupation where is no place for jealousy; doctors should support each other’s researches and try to benefit from each other’s experience”

Prof. Dr. Mithat Yılmaztürk was born in Kayseri on August 27, 1931. After completing his elementary and high school education in Kayseri, he started studying medicine at the Ankara University where he has graduated on 1954.



In 1957, he went to Germany to begin his specialization on obstetrics and gynecology. Until 1962 he worked as an assistant at the Heidelberg University Obstetrics and Gynecology Clinic, under the supervision of Prof. Runge. During this period, he specially worked beside reproductive endocrinology on gynecologic oncology (intrauterine Cobalt therapy, vaginal-cervical cytology). The topic of his master thesis was “Cobalt therapy in the cancer of corpus uteri”. He cooperated with Prof. Stoll who is a pioneer and authority on gynecologic cytology. Prof. Stoll mentioned Yılmaztürk’s studies with a praise in his book “Vaginal Cytology”.

Between the years 1962 and 1970, he worked in Turkey, in various military hospitals at Kayseri, Erzurum, Istanbul and GATA (Gülhane Military Medical Academy) as specialist obstetrician and gynecologist. In 1970, he became an Associate Professor at the Department of Obstetrics and Gynecology, Faculty of Medicine, Ankara University. While working in Ankara, he was invited from Ege University Department of Obstetrics and Gynecology in 1972, and became professor at this department in 1975. In those years, his international relations gave him the chance to work with Prof. Huber (Hamburg University), Prof. Semm (Kiel University), and Prof. Kratochwill (Vienna) where he observed pioneer studies in gynecologic laparoscopy and ultrasonography.

Prof. Yılmaztürk is one of the founders of the *Aegean Gynecological Association* which was established in 1974. He served as president more than ten years at this

association, played a very important role in the scientific development of gynecology with numerous national and international congresses. He retired in 1983 with his own will and still continues to his mission in medicine and in the association.

In 1995, he moved with his family to Istanbul and started to anti-aging researches. Anti-aging originated from the United States of which gynecologists were the vanguards all around the world. He cooperated with some anti-aging specialists like Prof. Wolf, Prof. Bamberger and Dr. Klentze, and established the

Istanbul Anti-aging Association which is the first association on this subject in Turkey. He is the president of this association since 2001.

In his academic career he wrote four books and published more than eighty scientific papers. His books are;

- *Obstetric & Gynecologic Emergencies [İvedili Jinekoloji ve Obstetrik] (1973)*
- *Practical Obstetrics & Gynecology [Pratikte Obstetrik] (1979)*
- *Anti-aging Program (2003)*
- *Anti-aging (2005)*

Currently he is busy to open the first anti-aging department at the Yeditepe University, where he still works. He prepares weekly reports for various newspapers in Turkey and gives lectures in conferences about anti-aging.

The University of Ankara and the University of Heidelberg are the places where he began his medical education and finished his specialization, have particular memory in Prof. Yılmaztürk’s heart.

We wish Prof. Yılmaztürk further success in his professional aspirations, a happy and healthy life.