### JTGGA CME/CPD CREDITING







# Answer form for the article titled "How to personalize ovarian stimulation in clinical practice" within the scope of CME/CPD

## 1. On which elements should the follicle-stimulating hormone (FSH) starting dose be based in *in vitro* fertilization cycles?

- a. Age, FSH and anti-Müllerian hormone
- b. Age, Antral follicle count
- c. Outcome of a previous cycle
- d. All the previous

#### 2. On which ovarian reserve marker is the dose of new recombinant FSH (follitropin delta) based?

- a FSH
- b. anti-Müllerian hormone
- c. Antral follicle count
- d. Inhibin B

#### 3. What is the optimal number of retrieved oocytes in *in vitro* fertilization cycles?

- a. 4-6 oocytes
- b. 8-15 oocytes
- c. 10-20 oocytes
- d. There isn't an optimal number, it depends on woman's age

### 4. Which stimulation protocol should be chosen in high responders patients to reduce ovarian hyperstimulation syndrome risk?

- a. Gonadotrophin-releasing hormone (GnRH) antagonist short protocol
- b. GnRH agonist long protocol
- c. Mild ovarian stimulation
- d. There isn't a protocol better than another

#### 5. Which aim should the choice of therapeutic protocol in poor responders patients follow?

- a. Higher egg retrieval
- b. Higher implantation rate
- c. Patient compliance and cost reduction
- d. Lower complications

#### 6. Which is the best strategy in GnRH agonist-triggered cycles in high responders?

- a. Fresh embryo transfer with traditional luteal phase support
- b. Fresh transfer of an elevated number of embryos
- Addition of a low dose (1500 IU) of human chorionic gonadotropin, administered 35 h or 5 days after the triggering bolus of GnRH agonist
- d. Segmentation, through the freezing of all embryos for transfer in subsequent cycles

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4th Question

1st Question

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